

# BADMINTON



the root badminton (in English: "Badminton") today India has started, the game that they called Poona did, the game that beauty contests by a British Army officer, Az-hndvstan home Was transferred.

### History

In the fifth century in China there was a game called (Ti jian zi) in which a ball was hit in the air.

Around 1600 people in Europe played a game called "jeu de Volant" using a racket. When British officers were stationed in India, they became acquainted with the game of Poona, which soon became a sporting event, and they introduced it to their country in the early 1870s, with the necessary equipment. An "English duke" officially introduced the game to England.

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- In 1873, he organized a party at his place of residence ("Badminton") to arrange the game "Pune" and from there the game attracted the attention of others and became known among the affluent class of English society and from there spread, they played the new game. The Duke's residence was named " Badminton" .  
(Pooney of street children in India reached the affluent class of British society and its name was change

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- rules of the game were first written in 1877, and the shape of the playing field changed over the years, until in 1901 the official badminton court was established as the current rectangle. Badminton clubs are slowly opening up across the UK. By 1893 the game had progressed to the point where 14 clubs came together to form a union (then, when more countries formed their own federations, the name was changed to the "English Badminton Association"). At that time, the association or union set specific rules for these games and held the first and most valuable badminton tournament in England and among the athletes there.

# Regular badminton

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**Regular Badminton** With the spread of this sport among other countries, the need for an international organization for this sport was felt. The World Badminton Federation (BWF) was founded in 1934 and is currently headquartered in Kent, England. **These nine countries are also the first founders and members of this union** : Canada, Denmark, England, France, Ireland, Netherlands, New Zealand, Scotland, Wales. Today, the BWF has more than 150 member countries. **Children's game:** "Pune" game started from other children's games. Those games are played based on how long each group hits an object, without hitting the ground, by a polo-like object or a paddle-shaped object. This participatory, non-competitive game was originally played without a net, and the ball used was called a "bird" because it was often made of feathers.

# A simple but fascinating game

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- **A simple but fascinating game**

Anyone can use this fun game with the help of a lightweight badminton racket and hitting the ball on the net. This game is the fastest racket game. A strong blow to the ball causes the ball to move at a speed of approximately 300 kilometers per hour, and at professional levels and above it requires great speed, reaction, strategy and strength of the player. Because the leading player of this competition even runs up to 2 km in one race on the field. More competitions were held in different countries of the world inspired by England, the "Thomas" Cup was one of these competitions that entered this field first. "George Thomas" was an English tennis player who was drawn to badminton and won 90 matches (over 24 years). He was also the first president of the World Badminton Federation. In 1949, the Thomas Cup was introduced as the World Men's Badminton Championship (like the Davis Cup in Tennis).

In 1956, the UBER Cup was created for women.

- English "Betty uber", a prominent player in badminton for two, awarded the prize. Initially, these competitions were held every 3 years. Today, the sport's leading players compete for financial prizes around the world.

# Asia and badminton

- Asia and "Badminton"

Although badminton was born in the United Kingdom, Asians adopted badminton. China and Indonesia are two countries that participate in international competitions in this field and the competitions of this field attract a lot of people. Together, the two

- countries have surprisingly won 70% of the IBF, and the Asians have always won 23 (Thomas Cup). In the UBER Cup, the last 15 world titles have been won by the Asians. And out of the 61 medals awarded in the Olympic Games in this field, the Asians have won 54 of them!

In important competitions, the number of spectators has reached 15,000. After the Asians, Scandinavian athletes play badminton with good strength and speed. Canada, Denmark, the United Kingdom, France, Ireland, the Netherlands, New Zealand, Scotland and Wales were the initial members of the federation, which today has 147 members. Badminton has been added to the Olympic Games since 1992 at the Barcelona Olympics. It was then that the prestige of this sport increased in Asian countries such as China, Korea, Indonesia, Malaysia. This phenomenon coincided with the development of the sport in England and the Scandinavian countries. Badminton was first introduced in Greece in the 1980s.

The exercise was initially performed by students at the University of Democritus in Tris. In 1992, the Hellenic Badminton Federation was founded with six sports clubs. Today, 3,500 athletes play badminton in 40 clubs across Greece. In Greece, the sport of badminton is growing significantly.

In 1995, there were only nine official players in Greece, while today there are 3,500. Badminton was expected to be well received during the 2004 Athens Olympics.

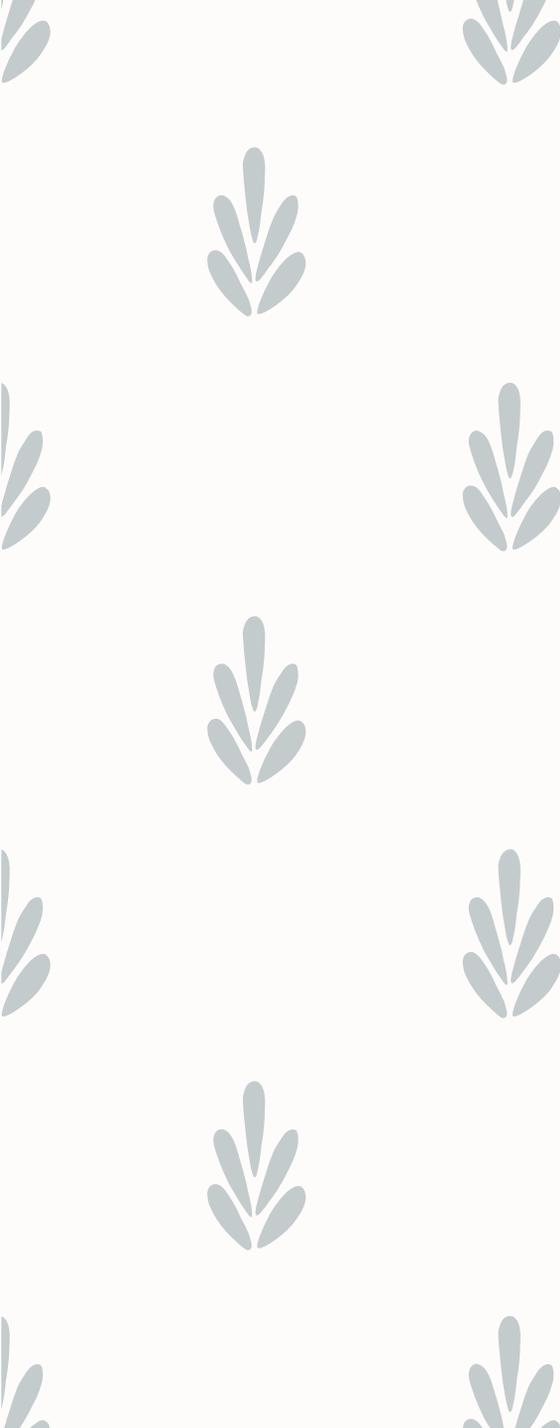
# HOW TO PLAY



# How to play

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Badminton is played by 2 or 4 players. And in this Olympics, the interesting phenomenon is that in one of the disciplines, a man and a woman are present in a two-person team and compete with the opposing team in the same way. The game is played in which the players send the ball to the opponent's field with the help of a racket and try to bring it to the ground in a certain area. The winner of the game is the team that the two teams win fifteen points. In the women's singles, each game has 11 points.



# Badminton Rules

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- The badminton court is rectangular in shape and is drawn with 40 mm wide lines. Ground lines should be easily recognizable and should be drawn in white or yellow. Length of land is 723.14 meters - width of double land is 1.6 meters - width of single land is 5.14 meters. All these lines are part of the ground. The height of the tour bases is  $\frac{1}{54}$  meters.

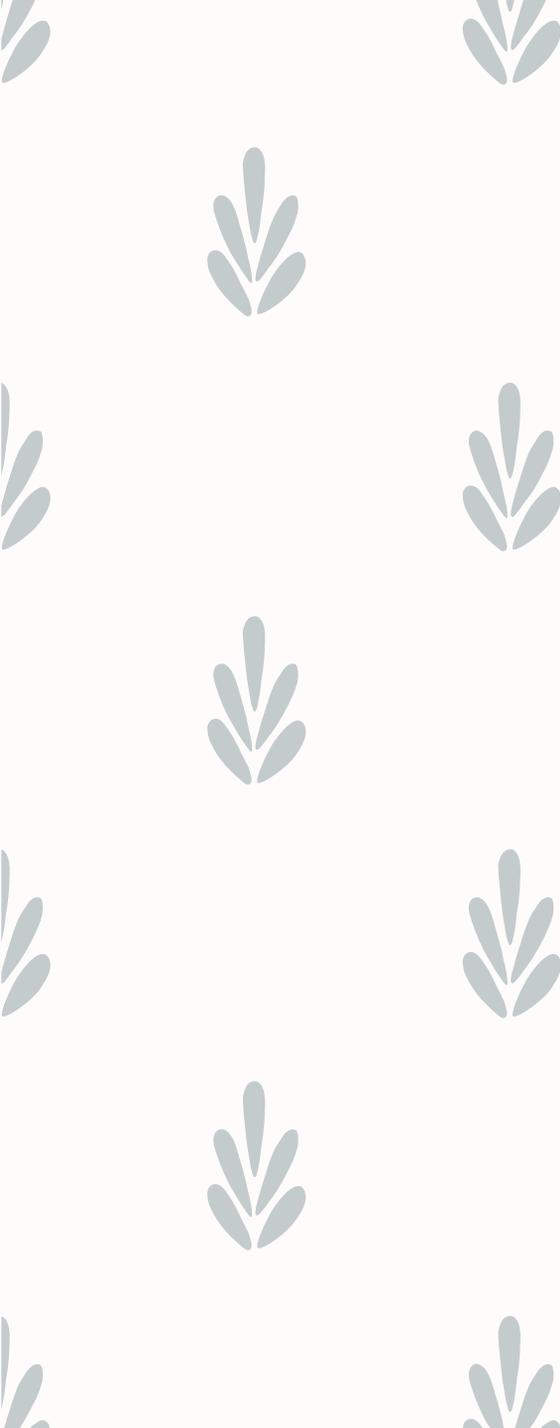
# BALLS

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Shuttlecocks made from natural or synthetic materials. It should be made of cotton wood with a leather layer. The leather ball should have 16 blades that attach to the base. The weight of the ball should be between 37.4 to 5.50 grams.





# The space above the ground

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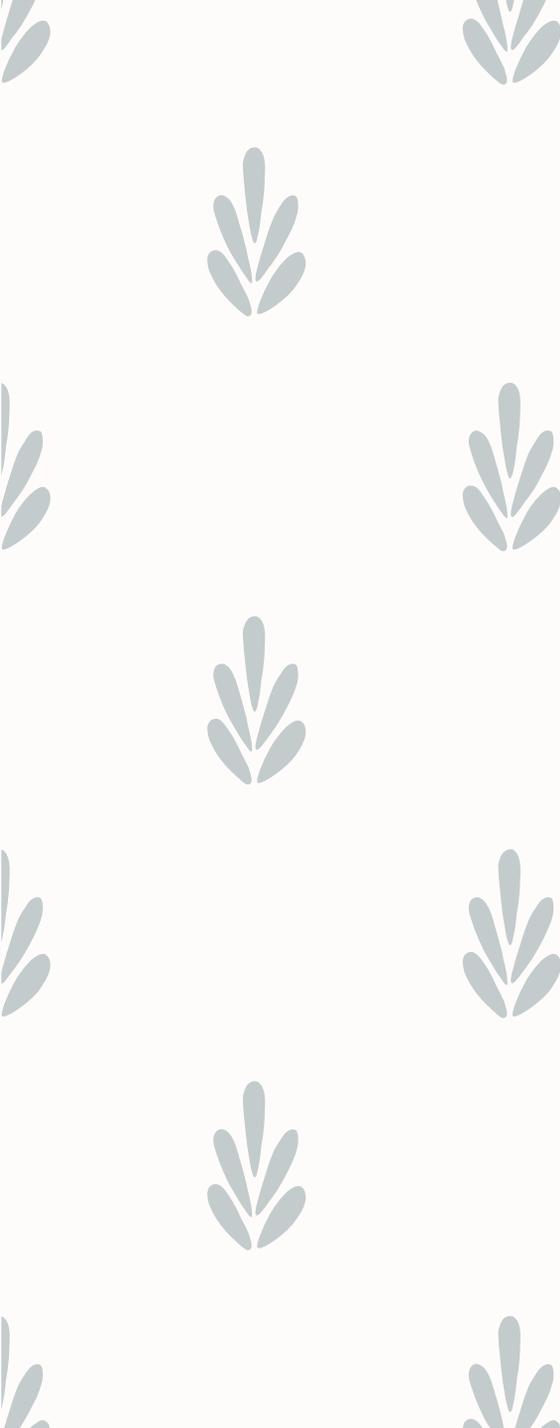
in international games, the minimum height of the ground to the ceiling, for the entire surface of the playing field, is equal to 12 meters and the standard size in club games is 9.14 meters. The entire upper space of the earth is without any additional structure, and there are no annoying obstacles such as lighting structures.

# Background and lighting

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## **Background and lighting**

To make the badminton ball easy to see, the bottom two sides of the court should not be white. A minimum lighting level of 1000 lux is recommended, which creates integrated light in the playground. Direct light should not be placed in front of the athlete or above the ground. The best place for lighting is on both sides of the badminton court. Also, all direct sunlight or daylight should be eliminated



# Rocket

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Badminton rackets are usually made of wood or metal.

The racket consists of parts: handle - rod - throat or three-way - rocket plate (rocket head).

# lottery

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- **Lottery**

To start the game, the referee will draw with a coin. The winner of the lottery can choose the ball or receive (ground). The winner of the game is the one who wins two of the three games. === Game Scores ===. Whoever wins 2 games out of 3 games, wins the game. The winner of a game will be the side that reaches 21 points sooner. The side that wins the rally will add one point to its points. If the points are equal to 20, each side that receives two consecutive points will be considered the winner of the game. 29 The side that gets 30 points sooner is considered the winner of the game. The side that wins the game will be the first service winner in the next game. Players must change the following in the following cases: 1- The end of the first game 2- Before the start of the third game 3- In case of a 1: 1 draw in the third game, a score of 11 is served and the recipient of the

# Errors

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- **Errors (errors) of the service area**

1. The service is out of turn or received. 2. Has received or received the service from the ground wrong. 3- If the service area error is found, the error will be corrected, but the points obtained will remain. **Badminton game errors include the following:** If the service is not run correctly. If the ball lands outside the court during the game. Pass through the tour. Do not cross the tour. (Fall before crossing the net.) Hit the ceiling or walls around the floor. Hits the player's body or clothing or touches any object or person around the field. Will Rocket's suit hit the net and its holders (base) while the ball is passing over the net to prevent the opponent from hitting.

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– . If the ball is hit in the opponent's court

During the game the player mainly concentrates on his opponent. (Such as making noise and unusual and hostile movements) During the game, catch the ball with a racket and hit it with a little pause. (Carry) be hit twice by the player.

It is given for any unforeseen or accidental event. Except during service time, if the ball gets stuck on the net or after passing it in the opponent's court inside the net, it will be placed

if both the picker and the receiver of the service make a mistake while serving.

If the service thrower hits the service before the service receiver is ready to receive it, it will be replaced if the ball is eaten during the game or the head of the ball is detached from its blade.

If the referee does not see the ball line and the referee can not decide, he will be replaced. In each of the above cases, the game continues without adding points and the player who scored the serve is served again. Rest

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- rest time between games is 2 minutes.

There is a one-minute break at 11 points per game. The player does not have the right to leave the field without the referee's permission. During the rally, the coach does not have the right to guide his player.

The number of line referees in official and international games is 10, but the game can be held with 4 referees.

In badminton, offending players are fined with yellow, red and black cards.

If a player engages in unsportsmanlike conduct, he will be given a warning and a yellow card, and if he insists on it, he will be fined with a red card. That .

If a player insists on an ugly and unsportsmanlike conduct and receives a red card and does it again, the referee will notify the referee and the referee will dismiss the player with a black card.

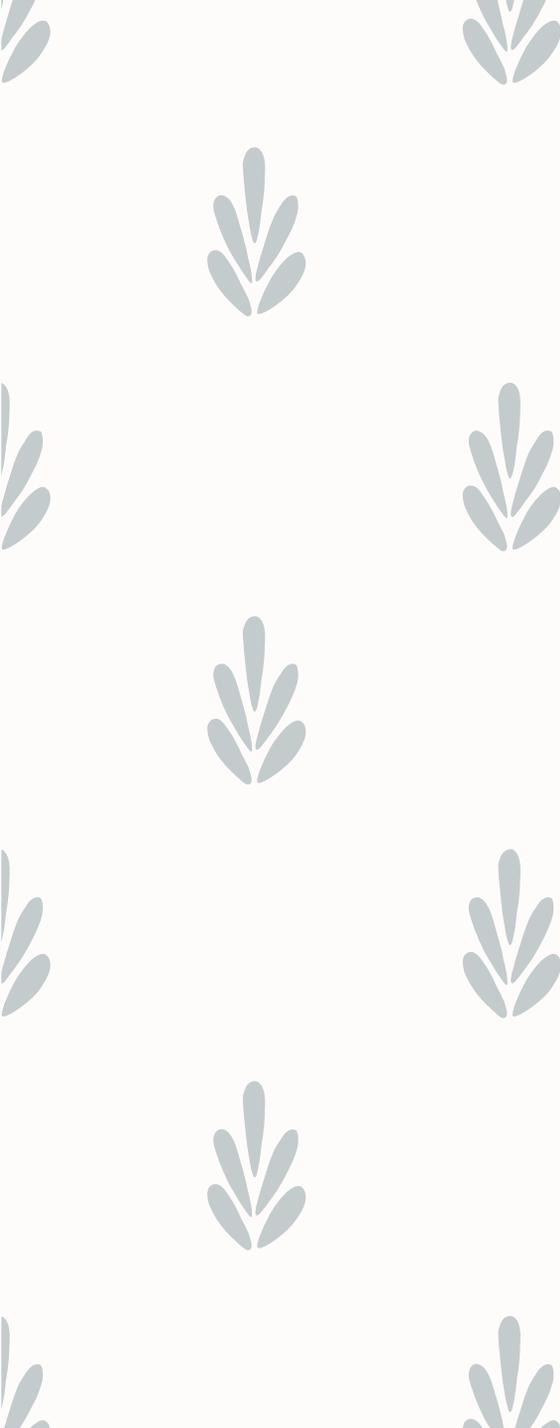
Number of players in each team in schools: 5 in primary school and 7 in middle and high school. In the match between two teams, in the beginning, two single-player games, one two-player game, two one-player games at the end, and in middle and high school, two one-player games, two two-player games, and one one-player game are played at the end.

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- Today, some types of badminton balls are made of plastic, but the balls used in serious and formal competitions are made of 16 real feathers. Experts claim that the best balls available are those that use the left wing of the goose for the feathered part of the ball.

The weight of a badminton ball is between 74.4 and 50.5 grams. The largest badminton ball on the turf of the Catras City Museum is 48 times larger than the actual ball and is 18 feet long and weighs 2,500 kilograms.

The winners of the Thomas Cup have been Malaysia, China and Indonesia since their inception. The UBER Cup has only been won outside of Asia in 1957, 1960 and 1963! American Judy Hashman has won the most titles in the UK. (17 times) Famous characters who play badminton well include Lee Chong Wei, [[Lin Dan]] and Tawfiq Hedayat. Badminton is the fourth most popular sport in the world and can be said to be a cheaper sport than many sport .

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- Equainted
  - Affluent
  - Headquarter
  - Participatory



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Miss Dr.salimi  
The finished  
Bahareh ashtari